

# SAVEONE

“Helping men, women, and families recover after abortion.”

Dear Pastor,

In America today, we have an epidemic of sexual trauma. According to rainn.org, (rape, abuse, & incest national network) when sexual abuse happens in the formative years, later, that man or woman is more likely to experience negative consequences. This may look like poor mental health issues, suffer alcohol and drug abuse, have multiple sexual partners, and is likely to experience abortion.

We have witnessed this at SaveOne. (saveone.org) Our organization helps men, women, and families recover after abortion. We do this through three Bible studies I and my husband Jack, have written. In 2000, we started this organization thinking we would just help the people in our church. We quickly saw that God had a grander vision than what we could fathom. We now have nearly 400 chapters of SaveOne in local churches and pregnancy centers in 28 nations.

Over the last two decades I realized many of the men and women who were coming to us for help also had some type of sexual trauma in their past. When I looked into this phenomenon, I discovered other recovery specialists had seen this trend as well. We were having such success with the SaveOne studies, I felt as though God was leading me to write a study for sexual trauma, realizing abortion could be part of the aftermath of this type of victimization.

*Finding You* was published in 2018 and has exploded. We are now seeing *Finding You* groups popping up all over America, just like we saw the SaveOne groups start. It is our strong belief that when we see healing happen from past sexual trauma, through Jesus Christ, we see far less abortions happen as well.

Healing results in marriages getting healthy and even being restored, men and women becoming the mothers and fathers they were created to be, forgiveness being recognized and manifested in the hearts and minds of these victims, and families seeing the cycle of abuse and trauma end in their generations. It's a beautiful process!

Through the *Finding You* study, we are encouraging the church to take this resource and run with it, allowing God's Word and The Holy Spirit to lead and guide. This becomes a powerful outreach for the local church instead of thinking they always have to refer people away from the church for counseling for this subject. This book is not counseling, but rather taking scripture and focusing it like a laser beam on the wound past sexual trauma leaves with a person.

We would love to answer any questions you have regarding this subject and helping your church be that beacon of light to so many dealing with past sexual traumas.

Hope to hear from you soon!  
Blessings,

Sheila L. Harper  
Founder and President  
SaveOne

P.S. We have training available online for your leaders, as well as a *Finding You* specialist, Dr. Paulette Swiger, on our staff who is available to answer questions and offer prayer support.

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